## Word Wall – January

**Metabolism:** the chemical processes that occur within a living organism in order to maintain life; for example, the chemical process in the body that changes food into energy.

**Impairment:** an injury or weakness; for example, the small children that Kennedy was referring to suffered from eye defects, and that was their impairment.

**Impetus:** the force that makes something happen or happen more quickly; the driving force or motivation behind an action.

**Tedious:** too long, slow, dull, or boring; tiresome or monotonous.

**Host:** a large number of people or things; a host of people or a host of angels.

**Substantial:** of considerable importance, size, or worth; substantial benefits or substantial amount of cash.

**Profound:** very great or intense; deep; profound impact or profound influence.

**Diplomat:** a person appointed by a government to interact with other countries; an official representing a country abroad.

**Sustain:** to remain in existence, maintain; strengthen or support physically or mentally.

**Steward:** a person who looks after something or someone; a person who supervises or manages something; we must be good stewards of our oceans.

**Exploit:** to make full use of and derive benefit from (a resource: person or thing) selfishly; we have exploited and polluted our oceans.

**Endurance:** perseverance or the ability to last through a difficult process; the strength to tolerate or put up with something.

**Surveillance:** close observation, especially of a suspected spy or criminal; government surveillance of a criminal; surveillance cameras at the store.

Legitimate: conforming to the laws or rules; genuinely good; the real deal.